

## NGA Breakfast Menus November 2022

	11/1/22	11/2/22	11/3/22	11/4/22
	Turkey Sausage Patty Biscuit 1/2 Cup Fruit 4 oz Juice Milk	Pop-Tarts 1/2 Cup Fruit 4 oz Juice Milk	Egg & Cheese Ome- lets 1/2 Cup Fruit 4 oz Juice Milk	Muffin Yogurt 1/2 Cup Fruit 4 oz Juice Milk
11/7/22	11/8/22	11/9/22	11/10/22	11/11/22
WG Cereal W/ Gra- ham Crackers 1/2 Cup Fruit 4 oz Juice Milk	Turkey Sausage Patty Biscuit 1/2 Cup Fruit 4 oz Juice Milk	Pop-Tarts 1/2 Cup Fruit 4 oz Juice Milk	Egg & Cheese Burri- tos 1/2 Cup Fruit 4 oz Juice Milk	H
11/14/22	11/15/22	11/16/22	11/17/22	11/18/22
WG Cereal W/ Gra- ham Crackers 1/2 Cup Fruit 4 oz Juice Milk	Turkey Sausage Patty Biscuit 1/2 Cup Fruit 4 oz Juice Milk	Pop-Tarts 1/2 Cup Fruit 4 oz Juice Milk	Egg & Cheese Ome- lets 1/2 Cup Fruit 4 oz Juice Milk	Muffin Yogurt 1/2 Cup Fruit 4 oz Juice Milk
11/21/22	11/22/22	11/23/22	11/24/22	11/25/22
H	H	H	H	H
11/28/22	11/29/22	11/30/22		
WG Cereal W/ Gra- ham Crackers 1/2 Cup Fruit 4 oz Juice Milk	Turkey Sausage Patty Biscuit 1/2 Cup Fruit 4 oz Juice Milk	Pop-Tarts 1/2 Cup Fruit 4 oz Juice Milk		